

NMSVH

May 1, 2017 thru May 26, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
LUNCH K-12	Total	10														
GREEN CHILE CHICK ENCH,M-2,1GN	SERVING	5	339	66	951	2.66	0.80	*213.7	805	14.11	*0	18.93	24.38	18.09	7.04	*0.00
BEEF BURRITO	1 EACH	5	273	43	351	2.00	2.62	264.0	800	9.69	*N/A*	18.82	21.33	12.46	5.75	*N/A*
REFRIED BEANS	1/3 CUP	10	111	4	381	2.79	1.61	113.0	208	0.7	*N/A*	6.87	12.19	4.12	1.31	*N/A*
SPANISH RICE-BrownRice,1/3cup	1/3 Cup	10	83	0	69	1.07	0.58	*14.3	195	7.26	*0	1.79	15.64	1.27	0.20	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			609	61	1193	7.73	4.19	*529.2	1576	36.80	*5	32.03	72.83	20.80	7.95	*0.00
% of Calories											*3.2%	21.1%	47.9%	30.8%	11.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 05/02/2017																
LUNCH K-12	Total	10														
Chicken Penne Pasta	2/3 Cup	5	374	81	404	*2.96	*2.70	*415.8	*1319	*35.84	*1	33.11	21.19	15.76	7.00	*0.00
CHICKEN MANICOTTI	2 EA	5	382	*105	972	1.61	1.93	228.4	1068	13.9	*N/A*	22.37	36.65	16.58	7.90	*N/A*
CALIFORNIA VEG. BLEND 1/2 Cup	1/2 Cup	5	20	*N/A*	17	1.34	0.24	13.4	2012	20.12	*N/A*	1.34	3.35	*N/A*	*N/A*	*N/A*
GARLIC BREAD	SERVINGS	10	156	7	236	2.61	1.49	269.7	31	0.47	*1	5.33	13.05	9.27	2.32	*0.01
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			653	*103	1025	*7.10	*4.21	*761.6	*2600	*52.33	*7	38.24	65.79	*25.57	*9.81	*0.01
% of Calories											*4.1%	23.4%	40.3%	*35.3%	*13.5%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017																
LUNCH K-12	Total	10														
ROAST BEEF, HOT, 2-oz M/MA	2-OZ SE RIVING	5	105	45	23	0.00	1.64	2.0	0	0.0	0	17.88	0.0	3.17	1.13	*0.00
VEGETABLES f/POT ROAST, .5 cup	.50 cup	5	56	0	36	2.41	0.46	30.7	3565	11.59	*4	1.51	12.67	0.16	0.05	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			328	25	360	5.73	2.77	199.3	2153	22.73	*6	19.17	55.34	3.79	0.62	*0.00
% of Calories											*7.6%	23.4%	67.5%	10.4%	1.7%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017																
LUNCH K-12	Total	10														
BEAR BURGER, 80/10, 2 OZ	1 EACH	5	306	64	226	*0.00	2.98	27.6	0	0.0	*N/A*	22.75	25.0	13.1	4.36	*N/A*
TURKEY FRANK ON BUN	FRANK	5	263	25	801	1.16	2.08	139.8	*0	*0.0	*N/A*	10.66	22.63	14.19	*0.51	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	10	5	0	1	0.36	0.10	3.5	466	3.49	1	0.25	1.06	0.06	0.01	0.00
FRENCH FRIES: oven 1/2 C	1/2 CUP	10	50	0	67	0.80	0.31	2.0	0	2.53	*N/A*	0.79	7.8	1.89	0.32	*N/A*
BEANS, BAKED 1/3 CUP	1/3 CUP	10	93	0	366	3.33	1.20	26.6	67	0.0	*N/A*	4.0	19.31	0.67	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			541	47	1040	*6.61	4.42	278.8	*903	*22.95	*5	26.24	74.13	16.39	*2.80	*0.00
% of Calories											*3.8%	19.4%	54.8%	27.3%	*4.6%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017																
LUNCH K-12	Total	10														
PIZZA, 4-CHEESE, SLICE	SLICE	10	350	25	830	2.00	*N/A*	*N/A*	*N/A*	0.0	*N/A*	17.0	44.0	12.0	6.00	0.00
BROCCOLI: Seasoned 1/3 CUP	1/3 CUP	10	17	0	7	1.84	0.37	20.2	619	24.57	1	1.9	3.28	0.07	0.01	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			476	28	929	5.38	*0.66	*183.3	*990	41.50	*5 *4.5%	23.40 19.7%	69.43 58.4%	12.21 23.1%	6.05 11.4%	0.00 0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 05/08/2017																
LUNCH K-12	Total	10														
CHICKEN STRIPS, BRD-2 PIECES	2 PIECE	5	260	40	1210	0.00	2.88	60.0	100	2.4	*N/A*	15.25	28.0	8.0	1.00	*N/A*
STEAKFINGERS	4 Pieces	5	359	56	801	0.64	2.23	10.2	65	0.03	*N/A*	17.31	16.27	26.28	9.80	*N/A*
MASHED POTATOES,IDAHO, .5 CUP	.5 cup	10	64	0	251	0.80	0.30	17.9	84	2.88	*N/A*	1.6	13.62	0.8	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	5	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
BROWN GRAVY	2 TBSP	5	23	0	35	0.10	0.12	2.0	66	0.0	*N/A*	0.36	1.97	1.54	0.33	*N/A*
SQUASH,SUMMER 1/3 CuP	1/3 Cup	10	12	0	1	0.83	0.21	16.0	126	3.27	2	0.54	2.56	0.18	0.04	0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			655	51	1675	6.52	4.93	253.3	696	24.30	*6 *3.7%	28.07 17.1%	89.72 54.8%	21.49 29.5%	5.87 8.1%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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NMSVH

May 1, 2017 thru May 26, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
LUNCH K-12	Total	10														
BEEF TIPS	1/3 CUP	5	315	74	767	0.58	2.64	18.9	23	2.14	*1	23.09	4.85	22.26	7.00	*0.00
CHICKEN CHUNKS, WG, 5 PIECE	SERVING-	5	180	20	450	2.00	1.80	40.0	0	0.0	*N/A*	13.0	14.0	8.0	1.50	0.00
RICE PILAF	.50 CUP	10	155	0	196	1.77	0.61	8.0	1399	1.15	*1	3.23	29.65	2.55	0.53	0.30
CAL VEGETABLE BLEND, 1/3 Cup	1/3 CUP	10	53	*N/A*	44	3.52	0.63	35.2	5276	52.76	*N/A*	3.52	8.79	*N/A*	*N/A*	*N/A*
BREADSTICKS, CHEESY GARL IC-1 S	1 STICK	10	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			644	*54	1121	8.62	4.47	285.7	7106	71.91	*6	31.78	80.01	*20.82	*5.82	*0.30
% of Calories											*3.7%	19.8%	49.7%	*29.1%	*8.1%	*0.4%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017																
LUNCH K-12	Total	10														
CHICKEN, SPICY MEXICAN	1/2 CUP	5	495	49	512	6.88	2.44	398.6	413	4.42	*1	26.76	51.03	20.71	5.79	*0.04
NACHOS, SUPER	SERVINGS	5	438	18	1098	3.67	1.85	270.5	777	7.46	*1	18.7	38.05	22.37	4.29	*0.03
CARROTS, STEAMED 1/3 CUP	.33 CUP	10	77	0	121	*4.23	0.46	50.1	25342	*8.92	*7	1.41	14.52	2.0	0.37	0.35
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			652	36	1018	*11.05	2.88	547.7	26308	*31.80	*13	28.64	81.21	23.67	5.45	*0.38
% of Calories											*7.7%	17.6%	49.8%	32.7%	7.5%	*0.5%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Thu - 05/11/2017																
LUNCH K-12	Total	10														
FISH NUGGETS	4 Pcs.	5	260	40	910	1.00	1.80	20.0	*N/A*	2.4	*N/A*	16.0	21.0	13.0	2.00	*N/A*
CORN DOG ON STICK	1 EACH	5	280	50	570	1.00	1.80	80.0	0	1.2	*N/A*	10.0	32.0	14.0	4.50	0.00
TATER TOTS, ROUNDS: 1/2 CU P/8ea	1/2 CUP	10	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
COLESLAW - BASIC, .25 CUP	.25 CUP	10	40	2	55	0.97	0.17	14.8	1073	11.99	*2	0.46	3.85	2.77	0.47	*0.00
TARTAR SAUCE: scratch	2 TBSP	5	125	9	170	0.19	0.21	6.0	170	0.58	*3	0.29	4.34	12.21	1.32	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			602	54	1224	5.13	2.91	230.9	*1536	33.76	*8	19.63	69.91	28.60	5.94	*0.00
% of Calories											*5.2%	13.0%	46.4%	42.7%	8.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 05/15/2017																
LUNCH K-12	Total	10														
Chile Rellano	1 Each	5	310	15	270	1.00	1.80	150.0	300	48.0	*N/A*	7.0	20.0	23.0	5.00	*N/A*
Chimichanga, BeefChiliCheese,	1 EACH	5	461	55	747	2.52	3.06	310.1	1695	8.35	*1	19.34	42.26	23.58	10.51	0.00
SPANISH RICE-BrownRice, 1/3cup	1/3 Cup	10	83	0	69	1.07	0.58	*14.3	195	7.26	*0	1.79	15.64	1.27	0.20	*0.00
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			666	38	679	8.36	4.63	*441.0	1562	54.00	*6	24.97	85.02	25.01	8.05	*0.00
% of Calories											*3.4%	15.0%	51.0%	33.8%	10.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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NMSVH

May 1, 2017 thru May 26, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017																
LUNCH K-12	Total	10														
STROMBOLI	SERVINGS	5	221	40	636	0.80	1.79	216.0	43	0.0	*N/A*	18.33	21.31	6.34	2.72	*N/A*
CLUB SAND,WHEAT, 3oz M/MA	SANDWIC	5	320	33	1096	*4.36	*1.92	155.2	666	3.49	*1	25.07	33.26	11.04	3.20	0.00
FRENCH FRIES: oven 1/2 C	1/2 CUP	10	50	0	67	0.80	0.31	2.0	0	2.53	*N/A*	0.79	7.8	1.89	0.32	*N/A*
TOMATO:4 slice, .25	4 slc.	10	9	0	2	0.59	0.13	4.9	410	6.74	1	0.43	1.91	0.1	0.01	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEV it	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			438	39	1027	*5.51	*2.58	355.6	1135	27.95	*6	27.42	59.15	10.81	3.32	*0.00
% of Calories											*5.6%	25.0%	54.0%	22.2%	6.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Wed - 05/17/2017																
LUNCH K-12	Total	10														
CLUBHOUSE CHICKEN	4 OZ SE R VING	5	254	*80	275	*1.04	*0.49	*13.7	*239	*8.91	*0	21.82	5.15	16.61	*4.16	*0.65
BBQ CHICKEN	4 OZ	5	440	*140	426	*0.13	*2.41	*33.4	*536	*1.47	*14	39.57	15.79	21.87	*6.17	*0.00
POTATOES, AU GRATIN MIX	1/2 CUP	10	110	0	581	2.00	0.36	40.6	0	6.0	*N/A*	3.0	22.0	1.5	0.00	*0.00
CARROTS, STEAMED 1/3 CUP	.33 CUP	10	77	0	121	*4.23	0.46	50.1	25342	*8.92	*7	1.41	14.52	2.0	0.37	0.35
ROLL, HONEY WHEAT, 2 OZ,/5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEV it	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			782	*112	1383	*11.34	*3.99	*297.2	*26100	*37.04	*19	44.58	95.99	24.86	*5.57	*0.67
% of Calories											*9.5%	22.8%	49.1%	28.6%	*6.4%	*0.8%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017																
LUNCH K-12	Total	10														
BEEF & BROCCOLI STIR-FRY	1 CUP	5	212	*64	571	*2.59	*2.38	*28.6	*627	*42.56	*0	23.28	*7.66	9.59	*2.11	*0.24
ORANGE CHICKEN	3 oz.	5	283	25	720	2.03	1.09	20.8	*4	*2.06	*8	16.03	24.41	13.0	2.00	*0.00
STIR FRY VEGETABLES, 1/2 CUP	1/2 Cup	10	33	0	27	2.67	2.67	2.7	*N/A*	*N/A*	*N/A*	1.34	6.67	0.0	0.00	*N/A*
FORTUNE COOKIE	1 EACH	10	30	0	2	0.13	0.12	1.0	0	0.0	4	0.34	6.72	0.22	0.05	*N/A*
EGG ROLL, Pork&Vegetable	ROLL 1/2	10	180	15	450	2.00	1.08	20.0	500	1.2	*N/A*	7.0	19.0	9.0	2.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			600	*62	1217	*8.64	*5.88	*211.4	*1186	*40.45	*12	32.82	*70.57	20.64	*4.14	*0.12
% of Calories											*8.1%	21.9%	*47.1%	31.0%	*6.2%	*0.2%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 05/19/2017																
LUNCH K-12	Total	10														
GRILLED CHEESE, HOMEMADE	1 SAND WICH	5	417	33	682	2.05	2.81	265.6	303	0.18	*7	15.07	50.8	17.2	7.45	*0.00
SOUP, HARVEST TOMATO BASIL	.5 CUP	5	80	0	480	1.00	0.72	40.0	500	6.0	*N/A*	2.0	17.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
COOKIE DOUGH, PEANUT BUTTER, 1	COOKIE	1	135	5	125	1.00	0.54	10.0	150	0.0	*N/A*	3.0	14.5	8.0	2.00	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			371	19	686	3.16	2.10	316.9	787	20.02	*8	13.33	57.50	9.53	3.96	*0.00
% of Calories											*8.7%	14.4%	62.1%	23.1%	9.6%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Weighted Average			573	*52	1041	*7.20	*3.62	*349.4	*5331	*36.97	*8	27.88	*73.33	*18.87	*5.38	*0.11
											*12.5%	19.5%	*51.2%	*29.7%	*8.5%	*0.2%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	573		Weekly Target	739	78%	Miss Data	Shortfall	166	Overage	Error Messages (if any)							
Cholesterol (mg)	52					Missing			1041	Correction Required - Calories are Low							
Sodium (mg)	1041																
Fiber (g)	7.20					Missing											
Iron (mg)	3.62			3.95	92%	Missing	0.33			Correction Required - Iron is Low							
Calcium (mg)	349.4			338.62	103%	Missing											
Vitamin A (IU)	5331			1295	412%	Missing											
Sugars (g)	8	5.55%				Missing											
Vitamin C (mg)	36.97			16.68	222%	Missing											
Protein (g)	27.88	19.48%		12.74	219%	Missing											
Carbohydrate (g)	73.33	51.23%				Missing											
Total Fat (g)	18.87	29.66%		<=30.00%		Missing											
Saturated Fat (g)	5.38	8.46%		<10.00%		Missing											
Trans Fat ¹ (g)	0.11	0.17%				Missing											

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